

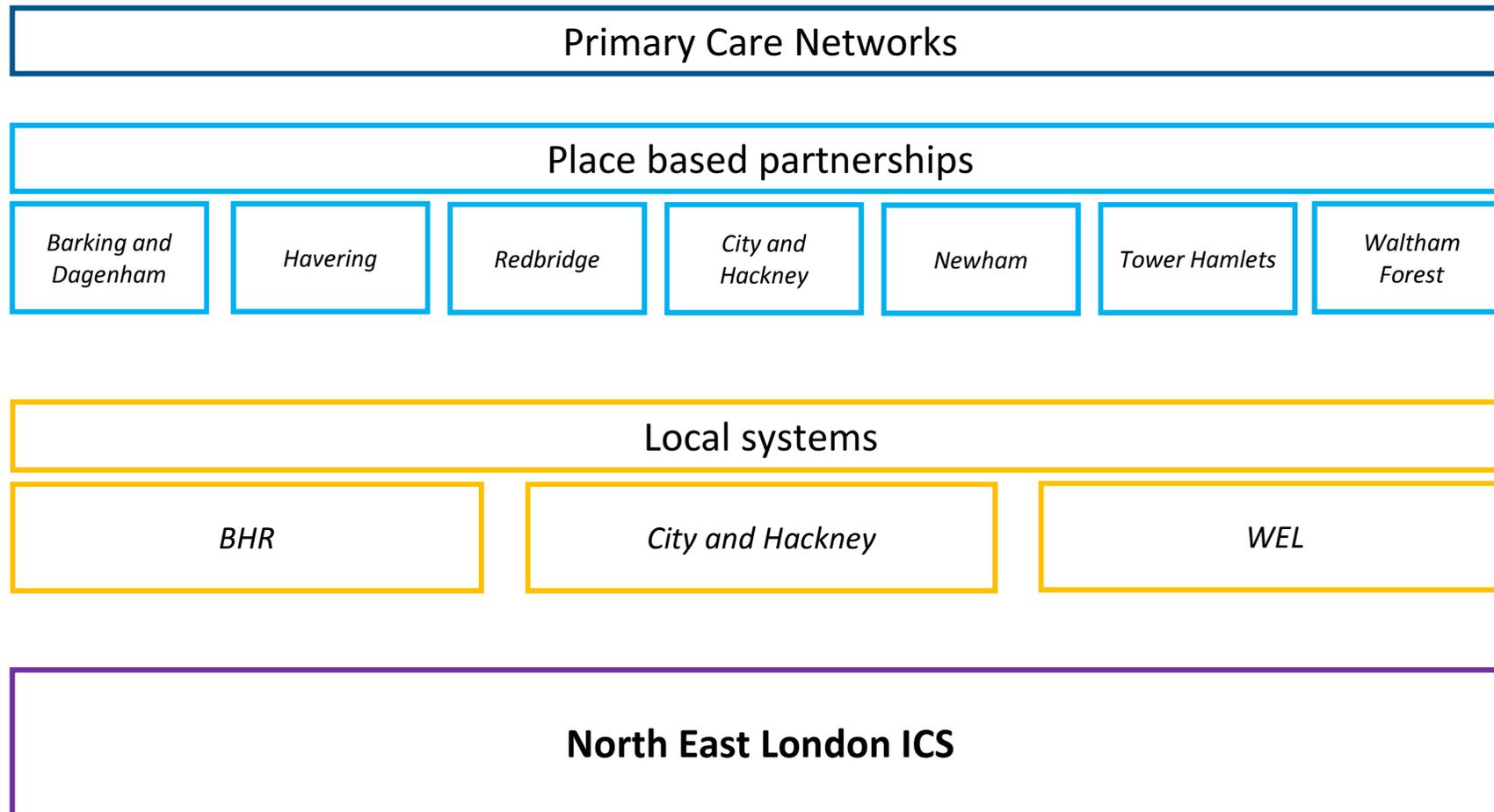
Developing a Long Term Plan for north east London

The East London Health and Care Partnership is developing a response to the NHS Long Term Plan, setting out how partners (CCGs, providers, local authorities) will work together to provide high quality care and better health outcomes for patients and their families, through every stage of life. The document is a strategy for the next five years, which sets out how we will make the ambitions of the Long Term Plan a reality for the communities we serve.

The NHS Long Term Plan will make sure the NHS is fit for the future, providing high quality care for you and your family, throughout your life.

Our envisaged Health & Care System across North East London

Integrated Care & Collaboration – from the Networks to the ICS level



Long Term Plan background: 1

The national Long Term Plan was released in early 2019. It sets out how to make the NHS fit for the future.

By giving everyone the best start in life

- through better maternity services, including a dedicated midwife looking after a mother throughout her pregnancy.
- by joining up services from birth through to age 25, particularly improving care for children with long term conditions like asthma, epilepsy and diabetes and revolutionising how the NHS cares for children and young people with poor mental health with more services in schools and colleges.

By delivering world-class care for major health problems to help people live well

- with faster and better diagnosis, treatment and care for the most common killers, including cancer, heart disease, stroke and lung disease, achieving survival rates that are among the best in the world.
- supporting families and individuals with mental health problems, making it easier to access talking therapies and transforming how the NHS responds to people experiencing a mental health crisis.

By helping people age well

- with fast and appropriate care in the community, including in care homes, to prevent avoidable hospital admissions for frail and older people.
- by significantly increasing the numbers of people who can take control of their healthcare through personal budgets.

Long Term Plan background: 2

The national Long Term Plan sets out how the NHS will take action to make this ambitious vision a reality.

- **We will join up the NHS so patients don't fall through the cracks**, such as by breaking down the barriers between GP services and those in the community.
- **The NHS will help individuals and families to help themselves**, by taking a more active role in preventing ill-health, such as offering dedicated support to people to stop smoking, lose weight and cut down on alcohol.
- **The NHS will tackle health inequalities** by working with specific groups who are vulnerable to poor health, with more funding for areas with high deprivation and targeted support to help homeless people, black and minority ethnic (BAME) groups, and those with mental illnesses or learning disabilities.
- **We will back our workforce by increasing the number of people working in the NHS**, particularly in mental health, primary care and community services. We will also create a better working environment by offering better training, support and career progression and we'll crack down on bullying and violence at all levels.
- **We will bring the NHS into the digital age**, rolling out technology such as new digital GP services that will improve access and help patients make appointments, manage prescriptions and view health records on-line.
- **The NHS will spend this extra investment wisely, making sure money goes where it matters most.** The NHS will build on the £6 billion we saved last year by reducing waste, tackling variations and improving the effectiveness of treatments – this will include bearing down on red tape, ensuring the NHS is used responsibly, and curbing fraud and other abuses.

Forming our NEL Long Term Plan

- Determining how the ambitions in the national long term plan and the additional funding we will receive over the next five years should be translated into improved services for people in our area.
- Building on existing plans that local people have already helped us draw up
- Engaging at local system (BHR/WEL/C&H) and workstream (e.g. maternity/diabetes/primary care) level
- Healthwatch-led engagement to help to improve reach into communities and enhance understanding of issues among all parties
- Still more to do

Healthwatch engagement in TH

Healthwatch Tower Hamlets talked face to face with 346 local residents in local street markets over four days in early May 2019 on personalisation, prevention and primary care.

Personalisation

- The opinion of local residents in terms of **Tower Hamlets as a healthy place to live** is leaning positive; although those who suffer from chronic illness or mental health issues take a slightly more negative view.
- People who felt that **they were not treated as an individual with specific needs** and that **services do not work well together** brought up experiencing a lack of support or a lack of information when they were in a difficult situation.
- **Older people** generally find Tower Hamlets a good place for them to live in.

Healthwatch engagement in TH continued

Prevention and healthy neighbourhoods

- Walking was by far the most popular form of exercise among all respondents. A successful campaign to incentivise walking would have a multi-layered approach to engage with different age groups: a rewards scheme for young people, community events for families with children, and group walks for seniors. These efforts should be combined with improving the cleanliness of parks and open spaces.
- Generally, people feel they can do the activities that they like in Tower Hamlets. However, the most important obstacle to exercising more is air pollution, followed by safety.

Primary care

- Most local residents are open to the idea of multiple services functioning under the same roof as a GP surgery. *Mental health/ psychotherapy, dentist, pharmacy, social care services, nutrition and weight management classes, a children's centre and a community space* have been named as the most relevant services to co-locate.
- A majority of respondents would use an NHS GP app to access primary care services. The most popular use for the app would be **checking test results**, although many app users would also consider **having online consultations**.
- In terms of **prioritising services while on a limited budget**, local residents believed that **hospital and GP services** should be prioritised.

The contents of our NEL LTP response document:

The framing of our response was agreed to be in line with the chapters of the LTP document. This approach has also been adopted by the five STPs across London.

Executive Summary

Foreword

Introduction - scene setting

- Demographics
- Health Inequalities
- How we fit – London
- Purpose of document

Chapter 2 Integrated Care

- Population Health for NEL
- Description of Integrated Care for NEL
- Three system overviews
 - C&H
 - WEL
 - BHR
- Four Project collaboration between C&H and WEL systems

Chapter 3 Prevention

- NHS organisations as Anchor Institutions
- London Vision prevention elements: e.g. HIV/ Knife crime
- Public Health
- NEL specific prevention context

Chapter 4 Delivering (Workstreams)

- Community care
- Transforming how we deliver UEC
- Rapid Diagnostic Centres
- Personalisation
- Social Care
- Clinical/surgical strategy
 - Whipps Cross
 - MSK
 - Pathology
 - BHR

Chapter 5 Better care, Improved Outcomes

Start Well

- Maternity
- CYP / 0-25
- Learning Disabilities
- Early MH

Live Well

- Major LTCs - Diabetes/CVD/Stroke/Respiratory
- Meds Opt
- Cancer
- Ageing well

End Well

- EOLC – Adults + Children

Patient Safety & Experience

- The NHS Patient Safety Strategy

the contents of our NEL LTP response document: Cont.

Chapter 6 Enablers

- Workforce
- Digital
- Estates
- Quality Improvement
- Research & Innovation
 - Genomics + AI

Chapter 7 Sustainability

- Finance
- Activity
 - Specialist Commissioning – London Devolution
- Sustainability – Link to London vision

Chapter 8 Delivery

- Organisational Development + Culture change
- 2021 vision
- Key Risks
- Tracking + monitoring of our plans
- Next steps – deliver through systems

NOTE: Case Studies/ 'Live examples' be threaded throughout document. Also will include infographics e.g. demographics

Timelines and key dates

Implementation guidance issued on 27 June 2019:

<https://www.longtermplan.nhs.uk/publication/implementation-framework/>

An initial draft outline response document was compiled by the 25 July with contributions from a majority of the workstream/chapter areas. This document was circulated for initial feedback and comment at senior level NHS and Partnership meetings.

A specific LTP Response Delivery Group was set up to help oversee the coordination and development of our joint response document, ensuring clear narrative between key groups i.e. Operational Delivery, NELCA SMT and Trust/System Directors of Strategy.

In addition, local systems have also been working up a response linked to the priorities of their areas. In order to engage and facilitate collaborative thinking between these key stakeholders, STP and system leads attended a workshop on the 31 July. Discussions covered how we work together over the course of this planning period and beyond, and how we enhance local delivery of the work while facilitating a co-ordinated approach where helpful across the STP.

Next steps

We are currently collating workstream and system updates and this information is due by 20 August. After this date there will be an initial draft document by early September, this will commence a run of five iterations culminating in a draft submission by **27 September**.

Concurrent to the evolution of these five versions will be continued engagement including HWBBs; where opportunity for feedback and comments will be incorporated as we progress. Once submitted NHSE/I will respond and feedback on this draft version allowing us to further amend and update prior to final submission on **15 November**.

One such opportunity to reflect upon our submission will be a wider stakeholder event on **16 October** (save the date), to further engage all our partners in reviewing the completed draft document and include further detail and amendments. This event will also provide an initial opening for discussion on how we move from planning towards an implementation phase.